Dietary Supplement for Healthy Vision



Making Things Clear

Indicated for people:

- Aged 40 years & above
- Smokers
- Having poor vision
- Over weight or obese
- Diabetics
- Hypertensives
- Leading inactive lifestyle
- Over exposed to sunlight
- Users of contact lenses

Lutein is a carotenoid which has become popular as a dietary supplement either by itself, or combined with zeaxanthin and other carotenoids, herbs, and vitamins for the prevention of visual disorders such as macular degeneration or to help support healthy eyesight. Lutein and zeaxanthin play an important role in the eye: they accumulate in the retina, where they form the macular pigment, and in the lens. Their role is probably to filter out phototoxic blue light and to quench singlet oxygen. Humans consume 1 to 3 mg per day and the lutein: zeaxanthin ratio in the diet is about 5:1.



Revision Soft Capsules Dietary Supplement for Healthy Vision

Supplement Facts

Serving Size: One Soft Capsule

Lutein 10mg
Zeaxanthin 4mg
Beta Carotene 46mg
Vitamin C 30mg

American Optometric Association Supports The Use Of Lutein & Zeaxanthin

Lutein and zeaxanthin are carotenoid that filter harmful highenergy blue wavelengths of light and act as antioxidants in the eye, helping protect and maintain healthy cells. Of the 600 carotenoids found in nature, only two are deposited in high quantities in the retina (macula) of the eye: lutein and zeaxanthin. The quantity of lutein and zeaxanthin in the macular region of the retina can be measured as macular pigment optical density (MPOD). Recently, MPOD has become a useful biomarker for not only predicting disease but also visual function. Unfortunately, the human body does not synthesize the lutein and zeaxanthin it needs, which is the reason why green vegetables are essential to good nutrition. Daily intake of lutein and zeaxanthin through diet, nutritional supplements, or fortified foods and beverages is important for the maintenance of good eye health.

Harvard Medical School Study Endorses The Usefulness

Research performed at Schepens Eye Research Institute and Department of Ophthalmology, Harvard Medical School has established that the dietary zeaxanthin (zee-uh-zan'-thin) plays an essential role in protecting the retina of the eye from the damaging effects of light.

Recommended intake:

One to two soft capsules daily, preferably at breakfast

Safety:

FDA has granted GRAS(gererally regarded as safe) to lutien & zeaxanthin

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Beta Carotene & Vitamin C

Manufactured by: Guangzhou Youth Passport Health Food Factory PRC

