

# THINGS SHOULD BE AT RIGHT PLACE



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# Calfirm<sup>TM</sup> Tablets

## in Bones, not Arteries

Each Tablet Provides:

Elemental Calcium.....500mg (Source; Calcium Carbonate)  
Magnesium.....150mg  
Vitamin K2(MK7).....90mcg  
Vitamin D3.....400iu

### **Dosage:**

One tablet, once or twice daily,  
during or after meals

Complete prescribing information is available upon request

### **Vitamin K2 (Mk7) Helps Calcium Deposit in Bones, Not Arteries**

With low levels of vitamin K2 there are a simultaneous lack of calcium in the bone and increased concentration in the blood. This accumulation can lead to calcification in the vessel wall of arteries with clinical relevant consequences, such as cardiovascular accidents and bone fractures. Vitamin K2 and its dependent protein like osteocalcin have been found to play central role in whole-body calcium metabolism, especially in putting calcium into bones. (Bolland et al; BMJ2010)



### **The ultimate calcium supplement for:**

- Pregnancy & lactation
- Pre & post menopausal
- Old age
- Fractures
- Osteoporosis

### **Promotes bone strength, vitality & flexibility**

- Higher elemental calcium i.e.500mg per tablet
- Optimum intestinal calcium absorption
- Conserves bone mass & density
- Avoids calcium loss during long term medication
- Safe for cardiac patients

A QUALITY PRODUCT BY

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