Bifer a Tablets Iron Bisglycinate & Folic Acid

Unmatched Benefits

Effective at lower dosages Highly absorbable Gentle on stomach Does not interact with food Can be taken with calcium supplements Non-constipating & non-diarrheal Ideal for long term use in pregnancy Vegetarian, non-GMO & Halal



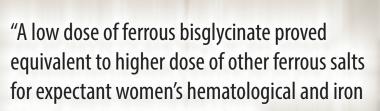
A Tummy Friendly **Iron Supplement**

Safe & Effective Iron Supplement

Biferd Tablets Iron Bisglycinate & Folic Acid

Each tablet contains:

Iron bisglycinate ... 130mg (Elemental iron 26mg) Folic acid 400mcg



Higher Effectiveness at Lower Dose

Status. (Journal of Perinatal Medicine, Oct. 2013)

The next generation iron supplement for:

- Pregnancy & Lactation
- Anemia
- Menorrhagia

Dosage: One tablet, twice daily, with or without food







